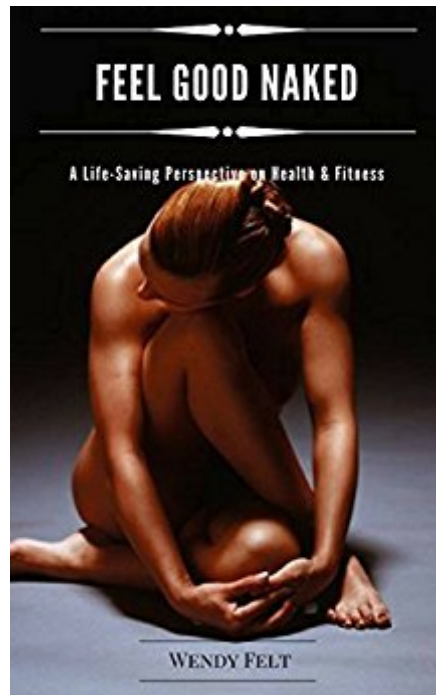




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Feel Good Naked: A Life-Saving Perspective On Health & Fitness



Synopsis

When you were a child, you had a multi-colored vision of the world; it was magical and full of possibilities, and you imagined how your life would be when you grew up. That vision was bright â | it glowed in your heart, illuminating you from within as you tapped into your true essence. You were unhindered, your cells were cleanly transmitting, and you were in direct communion with God. When you were in nature, you felt connected; feeling the sun on your face and the energy going in and out of your body through your skin was an experience of heaven on earth. You loved to run around naked. You felt good in your body. When you were in that state of connected bliss, there was an idea you had about what you could bring to this planet, the gifts you have that no one else has in quite the way you have them. You knew that you would be successful in bringing the light inside you to the world, and you were ready to take it on. This is your natural state. This book is an informational guide to understanding your body in a way that is intuitively connected and powerful for transformation. Included are tools to detoxify yourself from any disease and tip the scales of health and wellness in your favor, ultimately achieving radiant health.

Book Information

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Customer Reviews

This book has already changed the way I live & feel. It's obvious the author has lived it & is thriving. I found the book inspirational, easy to read & hard to put down. A must read if your health & overall wellness matters.

This was one of the most comprehensive books I think I've read on the subject of health. I found myself wanting to keep reading it because I was learning so much, and it was easy to understand, unlike most scientific books. I definitely feel like I will be able to take better care of my body now; I understand symptoms in a way I didn't before.

Insightful, informative, it was a great read. This book is for your body and mind. I highly recommend!

Beautifully written.

An amazing and life-saving book. If you like Dr. Morse's videos on youtube, this is a book for you.

Absolutely worth the read. Very insightful!

Beautiful book. Thanks for the enlightenment.

DO NOT be mislead by the title of this fascinating book. This book is not a self-help book nor is it a diet book. Instead this is an in-depth look at the chemistry and electro-mechanical mechanisms that allow our bodies to work in perfect symmetry. You will see how the processed food from today's mass manufactured foods are doing to our bodies. Which is creating the environment that chronic diseases thrive in. Through this reading you will become aware of how your perfect body will take care of it's self, once given the opportunity. You will come to realize why the current medical system seems to just cover up symptoms, as opposed to getting to the root cause of your dis-ease. You will become more in tune with the importance of mental health and how it is related with your bodies ability to work/function effectively. As much as this book is based on scientific reasoning behind the "Why's?" we've all asked ourselves in the past, it does it in a non-scientific language anybody can understand. I can't assume that you WILL make life changes after reading this book, but I can not

imagine that anybody can finish this book and not rethink their current opinions on the food industry.

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